To the Safety Bay Primary School Community

Welcome back to Term 4. We trust everyone is well rested and ready for another busy term.

It is with great sadness that I wish to inform the school community that Ms Kymerberlie Shepherd, who was our Dance teacher at Safety Bay Primary in 2013 and the Cheer Dance teacher at Safety Bay Senior High School, passed away on Thursday 16 October 2014. Our thoughts and prayers go out to her partner Wayde and their newborn son Kyden.

We are deeply saddened by this news and recognise that many of you will feel as shocked as we are.

Teachers will continue to support students throughout the coming weeks. Our school psychologist was and will continue to be available on Mondays and Tuesdays if students and staff need extra support and our School Chaplain Mrs Bridget Humble, is also available Tuesdays, Wednesdays and Thursdays.

A Memorial Service for Kym will be held at 5.00pm Friday 24th October 2014 at the South Perth Rugby League Club, George Burnett Pk, Manning Road, Manning. As this is a licensed club it would not be appropriate for children to be in attendance. A memorial service specifically for students will be organised by Safety Bay Senior High School at a date yet to be confirmed.

Safety Bay Primary School will be producing a Condolence Book, to be given to the family prior to the Memorial Service on Friday. Teachers and students will have the opportunity to write in the book during the school day. For those parents wishing to add a message, the book will be in the office from 2.30pm Thursday and from 1.30pm until 2.30pm on Friday.

Some people have asked about monetary assistance for the family. Please refer to the Safety Bay Senior High School website and in particular the Cheer Dance area. Wayde has requested that the family’s privacy is respected and that he would prefer condolences be sent via the proposed Condolence Books and not Facebook, Twitter etc.

Once again we send our condolences to all of Ms Shepherd’s family.

Class Requests for 2015

We are almost ready to place children in their classes for 2015. When Teachers and Education Assistants place children, they carefully consider a range of factors that may affect students and their learning. When placements are finalised we believe that they will meet the needs of each individual student.

Please put any requests for class placement in writing as soon as possible. These requests should be made based on sound educational grounds. Please remember that a request for a specific teacher is not appropriate.

If your child/children will not be returning to Safety Bay Primary School in 2015 would you please inform the school as soon as possible.

Final class lists for students in Pre-Primary to Year 6 will be displayed on the windows of the Administration block from 12.00 noon on Friday 30th January 2015.

Walkathon – Thursday 6th November

Thank you to parents, caregivers and students in advance for your support of the Walkathon that will be held on the school oval on Thursday 6th November. This P&C fundraiser promises to be most successful and above all lots of fun for our students.

2015 Year 7 News

I would like to refer parents of our current Year 6 students who will be at high school in 2015 to the web site below. There is a Q&A section there that you may find interesting. I have cut and pasted one as an example below.


Continued.....
Statements of voluntary contributions and charges for 2014 are being mailed home to families.

As we move toward the new Student-Centred Funding Model for 2015, locally raised funds such as voluntary contributions play an important part in supplementing funds received from state and commonwealth governments.

If you have yet to pay 2014 voluntary contributions we encourage you to do so. These funds will be able to be used toward the costs of teaching and learning programs into 2015.

Payments may be made by cash or eftpos at the administration office or by direct deposit to the school’s bank account by electronic bank transfer.

**Account Name** Safety Bay Primary School

**Bank** NAB

**BSB** 086 918

**Account No** 02949 1771

**Reference** STUDENT NAME

Please email details of your deposit to the registrar, Diana Tindale at diana.tindale@education.wa.edu.au to help us allocate your payment.

Please note that unless your child is leaving the school at the end of 2014, credit balances will be rolled over to your child’s account for 2015. Thank you to those families who chose the upfront payment option for activity charges this year. We hope you enjoyed the convenience and advise this opportunity will be available for 2015.

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**Scholarships for Year 7 students?**

As part of our commitment to help students succeed in school, we coordinate a number of scholarships that provide financial support to eligible children in secondary school.

The James and Rose Coombe Scholarship, Maud Zervos Education Grant and Olive A Lewis Scholarship will be extended to Year 7 students from 2015. Entry information will be on our website when applications for 2015 scholarships open on 3rd November.

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**Year 6 & 7 Events**

Please remember that money for Dance Lessons and the Graduation Dinner is due to be paid by Monday 27th October. The total cost for these two events is $38.00 (Dance lessons $22.00 and Graduation Dinner $16.00). If you need to discuss a payment plan please contact Mrs Tindale, School Registrar.

**IMPORTANT DATES:**

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Year 7 Camp</td>
<td>Mon 10th Nov—Fri 14th Nov</td>
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<tr>
<td>Year 6 Camp</td>
<td>Mon 17th Nov—Fri 21st Nov</td>
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<tr>
<td>Year 6 Transition</td>
<td>Fri 7th Nov &amp; Fri 14th Nov</td>
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<tr>
<td>Year 7 Transition</td>
<td>Fri 21st Nov &amp; Fri 28th Nov</td>
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<tr>
<td>Year 6 Orientation</td>
<td>Thurs 4th Dec</td>
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<tr>
<td>Year 7 Orientation</td>
<td>Fri 5th Dec</td>
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<tr>
<td>Yr 6/7 Graduation Ceremony</td>
<td>Wed 17th Dec at 9.00am</td>
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<tr>
<td>Yr 6/7 Graduation Dinner-Dance</td>
<td>Wed 17th Dec at 7.00pm-9.30pm</td>
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**Christmas Hamper**

It’s that time of the year when we start collecting packaged, tinned and jarred foods for people less fortunate than ourselves coming up to Christmas. We will be presenting a hamper to the local Lions Club at our final assembly for 2014. So please bring packaged, tinned and jarred foods up to the office, if you wish to contribute.
Welcome back to Term 4 from the KidsMatter team. We would like to remind you if your child has an assembly this term, the KidsMatter team will provide coffee and biscuits at your child’s class so you have the opportunity to see what they are doing.

**GRIEF**

Like adults, children experience grief when they lose someone or something they feel close to. A death in the family is particularly hard for children, but this is not the only time grief occurs. Other kinds of losses can also lead to grief reactions. These may include:

- the death of a family member, friend or pet
- separation of parents and family break-up
- change of schools or moving house
- loss of a friendship
- relocating to a new country
- having a disability or medical illness
- having a family member in hospital for a long time.

Children’s grief reactions commonly include crying, being anxious, having bad dreams and clinging to parents or carers. Children may also show their distress by being angry, irritable, unsettled, or losing motivation for school and other activities. Sometimes children show their distress by behaving in ways you would expect from a younger child. For example, they might start wetting the bed at night, sucking their thumb, or using baby talk.

**Children need support to cope**

Children need lots of reassurance and support from caring adults to help them come to terms with a major loss. While grief is a normal reaction to loss, feelings of anxiety or sadness may be intense and long-lasting – especially if the child loses a primary carer, or if the loss occurs in traumatic circumstances.

**How parents and carers can help**

Knowing what to say and how to talk to children to help with loss and grief is not easy, especially when you are also experiencing a loss and all the feelings that go with it.

**Acknowledge children’s feelings**

Let children know that you understand they are having difficult feelings. Offer support and reassurance. Let them talk about feelings and ask questions.

**Children need to know**

Explain what has happened in plain language that children can understand. Knowing what has happened helps children find ways to cope.

**Maintain routines**

Along with loss there are usually big changes. Keeping up normal routines as far as possible reduces the number of changes and helps children feel more secure.

**Talk about your feelings**

Children are sensitive to your moods and reactions. Telling children how you feel, and how you are managing your feelings, helps children make sense of their own feelings. It is important to be real with children, but try not to burden them with your emotional needs. By showing children that you can cope with grief, even though you are sad, you can help them understand grief as a normal part of life.

Continued....

**Get your own support**

Sometimes your own grief will make it difficult for you to support your child. It can be helpful to seek support to help you through your own grief, whether from friends, family or a professional counsellor.

**Let the school know**

Letting your child’s teachers know what has happened means they can support and monitor your child’s wellbeing at school. When grief is very intense, or when it lasts a long time, it can interfere with children’s ability to manage everyday life. It may also lead to mental health problems such as anxiety or depression.

If you are concerned that your child is not coping with a loss you should consider seeking additional help from a health professional such as your local doctor or psychologist.

Parents and carers can help children learn to cope with loss and grief by providing support and reassurance to help children understand that loss and grief are a normal part of life.

**ENTERTAINMENT BOOKS**


The school will receive $13.00 for every Entertainment Book sold through the school.
The Evelyn Robinson Memorial award is held every year and is Safety Bay Primary's way of acknowledging a member of the community for Outstanding Contribution. A student, parent or teacher can be nominated. Evelyn Robinson was our first school “secretary” and was involved with Safety Bay Primary for over 20 years. Each year since 1993 we have acknowledged her contribution to our school with this award.

I wish to nominate _______________________________________________________

For “Outstanding Contribution to Safety Bay Primary School”

My reasons are that he/she_____________________________________________

______________________________________________________________

Signed______________________________  Ph # ___________________

Nominations for this award will close on 28 November 2014. Please bring any completed nominations to the office.
NOTICES FROM OUR COMMUNITY:
Safety Bay Primary School does not endorse nor assume any responsibility for the information provided.

Free 2014 Community Expo for Seniors and Carers

Hosted by Care Options, in conjunction with Carers WA and the City of Rockingham, this year’s event promises to be bigger than ever!

Receive information on services and groups that can support you in living a healthy, happy and active lifestyle.

- Free Entertainment
- Community Organisation Stalls
- Sausage Sizzle
- Door Prizes
- Free Tea & Coffee
- Raffles

If you would like to be picked up from your home to attend the expo please telephone Care Options on 9550 7888 before Friday 31 October 2014, to book your seat at no charge.

This event is proudly sponsored by:

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Parents of children with diagnosed emotional or behavioural problems

Our research needs YOU!

Parents of children with diagnosed emotional or behavioural problems come across attitudes, assumptions, and actions of others related to their parenting and their child’s behavioural and/or emotional problem. But parents are not often asked about these experiences. It is important for us to understand what it’s like to be a parent of a child with a behavioural and/or emotional problem and what sorts of experiences you have had.

Who’s needed? Parents of children aged 4-12 years diagnosed with an emotional and/or behaviour problem (anxiety disorders, depression, ADHD, conduct disorder, oppositional defiant disorder, eating disorders).

What’s involved? Parents are asked to participate in an individual interview being held at UWA that will last about 1 1/2 hours.

Compensation? Participants will be reimbursed for their time ($10 per hour).

Interested? Please contact Kim 0403183228 kim.eaton@research.uwa.edu.au

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Primary Age Youth Group
Come along to Youth Group on Friday nights!
Enjoy games, make friends, learn Scripture, eat supper.
(Planned and supervised)
Who: Years 1–6
When: Friday nights, 6–7:30pm (school terms)
Cost: $2 donation p/child (or $4 p/family)
Dress standard: Casual (neat and respectable)
Where: Rockingham Church of Christ,
cnr Rae Rd & Frederick St, Safety Bay
☎ 9592 2495
www.rockinghamcfc.org.au

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