



Safety Bay Primary School

Newsletter 10 - 30th June

Dear **Subscribers Name**

Here is this fortnight's news from Safety Bay Primary School.

Click [here](#) to be directed to a PDF version of the newsletter on our website

Please note that the first day of term three for students is Monday 17th July.



Principal's Word

Today's NAIDOC assembly was a great success and the NAIDOC Walk added to the experience. Charlie Kickett's 'Welcome to Country' provided a very nice and informative touch, especially relating it to the theme of Languages Matter.

Today's NAIDOC assembly was a great success and the NAIDOC Walk added to the experience. Charlie Kickett's 'Welcome to Country' provided a very nice and informative touch, especially relating it to the theme of Languages Matter. He is a very genuine individual and his passion for the Aboriginal culture showed through. The Aboriginal dance performed by the students from C19 was fantastic. They really got into the actions and movements and was most impressive. Finally the singing by the Junior Choir of a traditional song finished off a wonderful assembly.

The staff and students at Safety Bay are to be congratulated for the magnificent work displayed around our school. The presentations in and around school were of such a high quality and all involved should be very proud. Thank you to all those who contributed.

Staff Leaving

Mrs Jeanette Evans has decided to take long service leave and then retire. Jeanette has worked at Safety Bay for over 12 years in a variety of classes and has made a huge contribution to Safety Bay. I would like to thank Jeanette for the outstanding support she has provided to the students during this time. Good luck for the future Jeanette. Mrs Judy Brace will be taking over from Mrs Evans. Welcome Judy and enjoy your new class.

Miss Grace Murray has been supporting in the office during first semester. Grace has learnt so much and been such a positive person and all of the Safety Bay community would like to wish her the best of luck.

Mr Greg Leeson, who has worked with many of our students in all year levels as an Education Assistant, has been offered a position at Hammond Park, which is closer to home. Greg has been an inspiration to some of our students and we are all very sad to see him leave. Thank you Greg for everything you have contributed to make Safety Bay the school it is today.

As this is my last newsletter for perhaps two years, I want to pass on my appreciation to all members of the Safety Bay Primary School community. It has been an absolute pleasure working at such a wonderful school. Sometimes in life we don't realise how good things are. I say this because I have been in many schools around the state, both country and metro areas and most of them have been fantastic environments to work in however nothing compares to Safety Bay. I know we can get frustrated and annoyed with things that impact on us, especially when it has to do with our own children, however, because we (the Safety Bay staff and you the parent), are all on the same page in that we 'Put Children First', we can do what is best for every child.

As I stated at today's assembly, it is not one individual who makes a great school, it is the whole community. The parents, teachers, education assistants, office staff, gardeners and cleaners contribute to the Safety Bay Primary School community of which I have been very proud to be a part of.

Saying thank you to individuals is fraught with danger of leaving someone out. However, there are some I must mention as they have made my job so much easier. Board Chair Elleke Bosworth and Board members Viv Blycha, Ron Pease, Beth Law, Karen Halbert, Sally and Dave McLaren, Mrs Casey, Mrs Allen and Ms Cooke, thank you for your support, especially with the success of obtaining Independent Public School status. Elleke provides excellent direction for the parent body and works very hard to ensure the school is on track for the students.

To Jill Erikssen and all past and present members of the P&C, thank you for the funds you have provided for the school in my time. Since my arrival you have given the school a large amount of funds for air-conditioning, to support our Sound Garden, sporting equipment, dance equipment, digital programs and most recently for developing our playground area and providing help to develop robotics in the school. If you haven't been involved in the P&C please don't hold back because, although hard work, it is for our children.

Finally, can I thank all those parents who are willing to have a chat to me about life and the school. We have fantastic kids at Safety Bay and we all know that it is you, the parent who has the biggest influence. Please continue to work with us for your child or children so they can be the best they can.

Quote: Twenty years from now you will be more disappointed by the things that you didn't do than by the things you did do. So throw off the bowlines. Sail away from a safe harbor.

Catch the trade winds in your sails.

Explore. Dream. Discover.

Mark Twain

Wayne McKay
Principal



KidsMatter

Bullying

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Bullying can also be more indirect, for example, deliberately leaving someone out of games, spreading rumours about them, or sending them nasty messages.

Cyber-bullying involves using mobile phones and the internet to bully others. The main purpose of the bullying is to have power over someone else.

Bullying is a mental health concern because it causes distress and can lead to loneliness, **anxiety** and **depression**. Bullying can also affect children's concentration and lower their achievement at school.

When children have been bullied they may:

- not want to go to school
- be unusually quiet or secretive
- not have friends
- seem over-sensitive or weepy
- have angry outbursts.

You may notice that their property has been damaged or is missing.

Responding to bullying

It is very important to let children know that bullying is not okay and that they should report it when it does occur. Schools set standards for appropriate behaviour and safety. They also have guidelines for reporting and responding to bullying when it occurs. The consequences for bullying should address what has happened and help to ensure it will not happen again.

It is very important for the bully to understand how his or her behaviour has affected the other person and to be clear not to repeat that behaviour. To help prevent bullying, children can be taught how to be respectful and caring towards others. Children who bully may appear confident but often lack skills for **building positive friendships**.

Learning to be more assertive can help those who are bullied to stand up for themselves. Learning the skills of assertiveness can also help those who bully find ways to communicate their wants, needs and opinions without becoming aggressive. Both those who are bullied, and those who do the bullying, will benefit from learning effective **social and emotional skills**.

How parents and carers can help

If your child is being bullied:

- listen and provide support to your child
- try to understand what has been happening, how often and how long
- encourage social skills, like being assertive, telling the bully to stop and seeking help
- support your child to think through different ways they could deal with the problem
- talk with your child's teacher and ask for help
- keep talking with the school until your child feels safe.

If your child tells you about bullying he has seen or heard at school:

- encourage your child to stand up for the child who is being bullied
- encourage your child to report what he/she has seen or heard to school staff

If your child is doing the bullying:

- make sure your child knows the bullying behaviour is inappropriate and why
- try to understand the reasons why your child has behaved in this way and look for ways to address problems
- encourage perspective taking (eg "how would you feel if ...")
- help your child think of alternative paths of action.

To help prevent cyber-bullying:

- supervise children's use of electronic devices

- teach children about ways of keeping safe when using the internet and mobile phones

Websites:

<https://www.stopbullying.gov/cyberbullying/index.html>

<https://kidshelpline.com.au/teens/tips/understanding-cyberbullying/>

<http://au.reachout.com/cyberbullying>

Our kids matter.

KidsMatter helps our school nurture happy, balanced kids.



Positive Parenting Program

Free Seminars at Safety Bay Primary School

Make parenting easier by teaching your child the social and emotional skills they need.

These three seminars will be presented by the School Psychologist, Brooke Ramsay and School Nurse, Gabrielle Bauskis, and are suitable for all parents of children 0-12 years of age.

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Seminar One: The Power of Positive Parenting

When: Tues 5th September at 9am (Duration: 1 ½ hrs)

Where: Safety Bay Primary School

Our hopes and dreams of being a parent, the tough part of parenting, creating safe, interesting environments, positive learning environments, assertive discipline, realistic expectations and taking care of yourself.

Seminar Two: Raising Confident, Competent Children

When: Tues 12th September at 9am (Duration: 1 ½ hrs)

Where: Safety Bay Primary School

Building for success, importance of respect and consideration, good communication, social and problem solving skills and encouraging independence.

Seminar Three: Raising Resilient Children

When: Tues 19th September at 9am (Duration: 1 ½ hrs)

Where: Safety Bay Primary School

Building emotional resilience, recognising, expressing and accepting feelings, positive outlook, coping skills, negative feelings and coping with stress.

If you would like to attend please complete flyer and return to the school office.

Small changes,
big differences.



Positive Parenting Program (Triple P)

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(for parents of children 0-12 years)

Make parenting easier by teaching your child the social and emotional skills they need.

These 3 seminars will be presented by the School Psychologist and the School Nurse and are suitable for all parents with children in the early years of school.

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| <ul style="list-style-type: none">• Seminar One: The Power of Positive Parenting (Duration: 1 ½ hours)• Seminar Two: Raising Confident, Competent Children (Duration: 1 ½ hours)• Seminar Three: Raising Resilient Children (Duration: 1 ½ hours) | <p>DATES: 5th, 12th and 19th of September</p> <p>TIME: 9AM</p> <p>VENUE: Safety Bay Primary School</p> <p>PRESENTERS: Brooke Ramsay and Gabrielle Bauskis</p> |
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BOOKINGS AND INFORMATION

To assist with planning and preparation for the seminars, please complete and return this slip to the school office if you will be attending

Return Slip – Safety Bay Primary School Positive Parenting Seminars – Term Three 2017

People attending: _____
Name Relationship to child(ren)

Name(s) and Age(s) of Child(ren): _____

www.triplep-parenting.net



Assembly C19 & C13

Our final assembly for term 2 was presented by C19 and C13 and incorporated our NAIDOC celebrations.

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The assembly was attended by a record number of parents and community members including

School Board members Mrs Elleke Bosworth, Mrs Karen Halbert, Mrs Elizabeth Law and Mr Ron Pease. Everyone wanted to take this opportunity to bid a fond farewell to our school Principal Mr Wayne McKay and wish him all the very best for his new teaching appointment in China.



Water Wise Tips

Breakfast Club

Join us on Tuesday and Thursday mornings at 8.15am in Challenger block. Everyone is welcome!

Community News

NOTICES FROM OUR COMMUNITY: Safety Bay Primary School does not endorse nor assume any responsibility for the information provided. **City to Surf - On your mark, get set, go!** Registrations are now open for the Chevron City to Surf for Activ 2017, Sunday 27 August. Registered schools receive a 15% discount off fun run registration fees for students, staff and families so be sure to contact your City to Surf School Captain for your school's team name and voucher code before registering online. Visit www.chevroncitytosurf.com.au for more information about the event, obtaining a code or volunteering. We're offering great cash prizes and celebrity visits for the largest school team, highest fundraisers and the best school spirit. The City to Surf was established by Activ to raise funds to help Western Australian's living with disability so be sure to 'go the distance' by fundraising for Activ or for your own school or cause.

P&C News

OBSTACLE CHALLENGE UPDATE Once again I would like to thank everyone for supporting this years Obstacle Challenge! There were many problems with the online fundraising site and I apologise for this. The online company has compensated us by waiving ALL fees so our total raised this year is \$18,126...well done to everyone! The prizes should be delivered to the students after the holidays. **CHRISTMAS IN JULY RAFFLE** Tickets will be sent home July 18th. Draw will be on July 25th at 9.00am. First prize-Pandora bracelet Second prize-Pandora bracelet Third prize-Jacob Marc earrings I hope everyone has a wonderful and safe holiday. Jill Erikssen P&C President
Communication Please like our Facebook page to keep track with P&C news: Safety Bay Primary P&C Noticeboard or you can email us any questions, feedback or comments on sbpspandc@hotmail.com
P&C Meetings P&C meetings are held twice a term in weeks 4 and 8. Please refer to the term planner for meeting times.