



Safety Bay Primary School

Newsletter 01 - Saturday 11th February

Dear **Subscribers Name**

Welcome to Safety Bay Primary School's first fortnightly newsletter for 2017 - we hope you find it an interesting and informative read.

Below you will find all of the articles from this fortnight's newsletter which you can skim over and click through to read the full article. Safety Bay Primary School is trialling this new format of newsletter with the hope that you will find the news more relevant to you and easier to read.

We welcome your feedback. You may notice changes along the way as we adjust to the new format.

Thank you.



Principal's Word

Welcome back for a new school year at Safety Bay Primary School. From the end of school last year we had 42 students between Kindy to Year 5 leave and 66 new enrolments (not counting Kindy) commence on Wednesday 1st February . We now have 725 students enrolled from Kindy to Year 6 with 29

classes.

I would like to mention a couple of staffing structures that you may not be aware of.

Mr David McLaren has been added to the school staff. Dave does not have a class but will be working across the school where he will be the relief in a class for a teacher absence or replacing teachers away for professional learning.

Mrs Karen Hartley who has returned from England to take the Year 5 class in C17.

Mrs Marianne Da Cruz who will be teaching LOTE on Fridays as Mrs Manjeet Ahulwalia is reducing her time.

Mrs Sara Sione is teaching in the Learning Support Classroom (C11).

Mrs Ainslee Langeard is teaching in the Year 1 and Year 2 classes to provide teachers with their required allocation of DOTT, which will enable them to work with the teachers in their year levels.

To ensure teachers are providing the best teaching strategies and structures for every student we are having some of our most experienced teachers working with them in the classrooms. To do this we have released them from the classroom on Wednesdays. The teachers being released and those who are in the classroom are:

K/P Kristie Grieves

Allison Plumber

Year 2 Kim Petersen

Cindy Lewis

Year 4 Sue McCulloch

Marianne Da Cruz

It is always a very exciting time for students (and staff), but it can also be very traumatic for some. You can make your child/rens start very smooth and comfortable by building a relationship with their classroom teacher. Introduce yourself and let them know that you are willing to be a part of your child's education. I would like to remind parents if you wish to support your child and ensure they achieve to their full potential it is vitally important you work with us. *Children learn best when the school and home work together as one.*

Classroom teachers have been working through the "First Six Weeks of School" with their classes. This means they are building relationships with the students, setting up routines and helping them feel happy and positive. The work for the students will be easier than normal, but this is so they aren't threatened or fearful of moving into a new year level.

School Council

I would like to invite any parents or community members to nominate for a position on the Council. Nomination forms are available from the office for interested individuals. If you want to be involved in your child's school development or wish to discuss the role of the school council you can contact me or, if you prefer, a parent representative from the council will call.

Parent Meetings

In weeks 4 and 5, teachers will be holding parent information meetings after school. Each year level will have their meetings after school on a day during these weeks. The date and times of the meetings will be placed in the next newsletter.

Special Commendation for Safety Bay Staff Member

On February 1st, the City of Rockingham acknowledged some outstanding efforts of it's community members. One of these was Sharon Young, a long serving Education Assistant at Safety Bay Primary School. Her award, a Special Commendation, was for her work helping raising awareness of mental health issues in Rockingham. She has supported Lifeline WA by hosting an annual luncheon in Rockingham as well as organising walks and runs in the community.

The staff have supported Sharon over the years and we are all very proud of her success and achievement.

Quote: Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life.

Wayne McKay

Principal



Merit Certificate Recipients

Assembly Friday 10th February

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

W1 Cohen

W2 William

W3 Paige and Oscar

W4 Kristian and Emerson

W5 Pearl and Jack

W8 Jenson

S3 Mason and Dylan
S4 Eli and Amy
S5 Ella and Molly
S6 Sophie and Matthew
S7 Cai
P7 Jorja
P8 Shiloh
P9 Danika
P10 Declan
C12 Marlee
C13 Kayley
C14 Leanne
C15 La'sharnn
C16 Sophie
C17 The Whole Class
C18 Phoebe
C19 Samantha
C20 Alex
C21 Chloe
PHYS. ED Tray, Jessica and Tayten
LOTE Sabina
ART Jhett



Indonesian News

[CERITA DARI HUTAN - LANGAUGES OTHER THAN ENGLISH](#)

Wednesday 22nd March will be an exciting day for all Indonesian Language students from years 3, 4, 5 and 6 at Safety Bay Primary School. "Cerita Dari Hutan" or the "Jungle Book" will be performed by the Carrousel Theatre Company from Melbourne. They will put on two performances in the undercover area so that all students can engage and participate fully in their learning. Our students will enjoy the morning performances and will be inspired by understanding other cultures and the relevance of learning languages.

A letter will be sent home soon to all parents. To cover the cost of this In School Performance, it is requested that each student bring \$4.00 along with the permission form to their class teacher before the 21st of March.

We would like to thank Mr McKay and the P&C for heavily subsidising this In School Performance and we are sure that all parents will also join us.



We would also like to welcome Ibu Marianne Da Cruz to our school who will teach Indonesian

Language on Friday.

Cordially

Ibu Marianne D Cruz

Ibu Manjeet Ahluwalia

Teachers of Indonesian Language



Music News

JUNIOR AND SENIOR CHOIRS

Being part of a choir is an excellent way for children to build confidence and social skills, as well as musical understanding, in a fun and non-competitive atmosphere. Everyone has a voice – it is our own special instrument!

Junior and Senior Choirs will be commencing in week 5 of term one. Junior Choir is open to all students in year 3 and 4 and will be held on Tuesday mornings before school. Choir members will need to be at school for an 8.30am start.

Senior Choir is open to students in year 5 and 6 and will be held on Wednesday afternoons between 2.00 – 2.30pm.

Choir students are asked to make a commitment to their choir for the school year as we work toward performances and events where we represent our fantastic school.

All are welcome to come and try out before they make the decision to join up for the year. Please come and see me if you have any questions.

Mrs Quealy

Music Specialist



Sports News

Welcome back to the 2017 school year.

Here at Safety Bay Primary School we endeavour to have students value and implement practices that promote personal growth and well-being. We like to encourage active participation and enjoyment of all areas in the school curriculum including physical education to help achieve this.

Therefore I would like to take this opportunity to remind parents and children that for all physical education and sport sessions in all terms, one through to four the children must have a hat (sun visors and beanies are not suitable) and for safety reasons, children should be wearing joggers as they provide the necessary support for ankles and knees. Please be aware that skate shoes and the slip on canvas shoes do not offer sufficient protection of ankles and knees when running and jumping.

Also, if your child is unable to do phys. ed. or sport for any reason, can you please make sure he/she has a note to excuse them, explaining the reason, length of time and types of activities they can and can't do.

Hopefully with these things in practise we will have a rewarding year ahead!!

Thanking you for your anticipated co-operation in these matters.

Sonya White
Physical Education Specialist



Better Communication Connect School Space An Online Communication Tool for Our School

Connect is a secure online environment developed 'in-house' by the Department of Education for staff, students and parents in public schools.

You will soon receive secure login information to Connect via the email address we have on file for you. If you do not have an email address registered with us or have recently changed your email address please let us know so we can update our details.

In 2017, Safety Bay Primary School will be utilising Connect School Space to enhance communication between school administration, teachers and parents. Information regarding upcoming events, excursions, classroom activities, permission slips, photos and stories can be sent to you via email or, if you prefer, via a push notification on your phone. Download Connect Now from the [Apple App Store](#) or [Google Play](#).



Breakfast Club Is Back! **[BREAKFAST CLUB IS BACK!!](#)**

Breakfast Club will start again for 2017 in week 3 on Tuesday and Thursday morning at 8.15am in Challenger block, and all following Tuesday and Thursday mornings for the rest of term one. Everyone is welcome to come

along!



KidsMatter



Welcome to the 2017 school year from the KidsMatter team. Presently the children are undergoing the 'First Six Weeks'. During this time it is about building relationships, trust and getting along with others in the class, within this also comes organisation. Getting Along and Organisation are two topics covered by our social and emotional program, 'You can do it!'. One of the reasons we use this program is to help build emotional resilience and below we have outlined what this is.

What is Emotional Resilience (Toughness)?

Definition of Emotional Resilience

Emotional Resilience means being able to stop yourself from getting extremely angry, down or worried when something "bad" happens. It means being able to calm down and feel better

when you get overly upset, and bounce back from adversity. Emotional Resilience also means being able to control your behaviour when you are very upset.

Examples of Emotional Resilience

- Not getting overly upset from mistakes in your work or when you have not been as successful as you would like to be.
- Not getting overly frustrated and angry with yourself when you do not understand something.
- Not getting down when your friends seem to understand their schoolwork and do better on tests than you.
- Avoiding getting extremely worried before an important test or event in which you have to perform in public.
- Avoiding excessive worry concerning your popularity with peers.
- Not getting overly angry when peers are mean to you.
- Remaining calm and in control when an adult treats you unfairly or disrespectfully.
- Not getting too down when being teased or ignored by friends.
- When meeting someone new, not getting extremely nervous and being calm.
- Stopping yourself from getting extremely worked up when you want to stand up and say “No” to someone who is putting pressure on you to do the wrong thing.
- Not losing your cool when you have lots of homework to do.
- Staying in control when your parents say “No” and the parents of your friends seem to be saying “Yes.”

Negative Habits of the Mind to Eliminate to Help Build Emotional Resilience

- Self-Downing – thinking that you are useless or a total failure when you have been rejected or have not achieved a good result (replace with Accepting Myself).
- Needing to Be Perfect –thinking that you have to be successful or perfect in everything important that you do and that it’s horrible when you are not (replace with Taking Risks).
- Needing Approval –thinking that you need people (peers, parents, teachers) to approve of what you do and that when they do not, it’s the worst thing in the world (replace with Being Independent).
- I Can’t Do It – thinking that when you have not been successful at something important, you are no good at anything and that you never will be (replace with I Can Do It).
- I Can’t Be Bothered – thinking that life should always be fun and exciting and that you can’t stand it when things are frustrating or boring (replace with Working Tough).
- Being Intolerant of Others –thinking that people should always treat you fairly, considerately and the way you want and when they do not, they are rotten people and you have a right to get back at them (replace with Being Tolerant of Others).

Our kids matter.

KidsMatter helps our school nurture
happy, balanced kids.

KidsMatter

Australian Primary Schools
Mental Health Initiative

kidsmatterprimary.edu.au



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Canteen News

Happy New Year to you all and welcome back to school, hope your holidays were good ones and you are feeling happy and ready to work hard just like me!

It's an exciting time at the canteen as we get used to the new times. We are sad to say goodbye to recess but are very happy to welcome afternoon tea sales instead. All your old favourites and perhaps some new yummy treats will be available for you to buy during the second break. Pikelets, yogurts and fruits will still be available before school.

Ice-creams, Juice Bombs and fruit juice will only be available for sale at lunchtime. The lunchtime menu will remain the same. I may need to make the cut off time for ordering online earlier in order to be able to prepare the lunches for the earlier time. I will evaluate over the next few weeks and keep you posted.

I look forward to serving you this yea. If you find you have a spare 5 minutes, please drop by, and say hello, stay for an hour or stay for the day! I am always appreciative of any help and I know your children love to see you at the canteen as well.

With thanks

Mrs B

Community News

NOTICES FROM OUR COMMUNITY:

Safety Bay Primary School does not endorse nor assume any responsibility for the information provided.

[Rockingham Aquatic Programs: February - March](#)

[Rockingham United W&G Football Club - 2017 Season](#)

[2017 City of Rockingham](#)

[Romance on the Green](#)

[Summer Series Movies](#)



P&C News

[P&C ANNUAL GENERAL MEETING](#)

[THURSDAY 23RD FEBRUARY, 1.30PM IN STAFFROOM](#)

The AGM will be for the nomination and formation of the 2017 P&C Executive Committee. Positions include: President, Vice President, Secretary, Treasurer and minimum of three Executive Committee Members. If you can't make it to the meeting and you would like to nominate yourself or someone else for one of the P&C roles please email me jill.erikssen@y7mail.com and I can make arrangements. Everyone is welcome to nominate or attend the meeting, it is always great to see new faces at the meetings. Membership to the P&C costs \$1.00 and membership gives a person the right to vote on financial decisions.