From the Principal

At the School Council meeting last week there were a number of items discussed, which I would briefly like to clarify through the newsletter.

**Reading Eggs:** A Blake Publications program for home and school. At a P&C meeting, some parents discussed purchasing the program for personal use at home. It caters for all abilities with the main component being reading as well as incorporating writing and spelling. It is phonics based. The school investigated the program and will undertake a trial in Term 3 in all classrooms for a month. During this time parents will have the opportunity to use it at home.

**Breakfast Club:** Commencing in Term 3, Week 2 operating in Challenger Block on Tuesday and Thursday mornings from 8.15am to 8.30am. Coordinator Katrina Muirhead is seeking donations through local IGA store and/or Foodbank.

**Staff Changes Term 3**
Last newsletter I mentioned staff changes that were to occur for Term 3. One change that I never mentioned was for Ms Cooke and Mr Ribeiro who will be sharing a leadership role in the office. Ms Cooke will be in the office in Term 3 to support teachers with the continued implementation of Envision Maths. Mr Ribeiro will be in the office for Term 4 to ensure a smooth transition for our Year 6 and 7 students into secondary school. They will be replaced in the classroom by Mr Diego Negre, an experienced teacher who has been working in other Rockingham schools. Also our Dance teacher Ms O'Brien has been appointed to Rossmoyne Senior High School. Luckily, we have been able to replace her with another experienced Dance and Gymnastic teacher, Ms Karon Patterson who has worked in a number of other primary and secondary schools.

I am also pleased to announce that Ms Dianne Collins will be replacing Mrs Rose Van Walsum in Kindy. Dianne has been teaching Pre-Primary at Calista Primary School and is looking forward to working at Safety Bay.

**Better Health Program**
We have received some information regarding a new program in the Rockingham area. The Better Health Program is funded by the WA Department of Health, is free and fun, evidenced based for children between the ages of 7 to 13. The multi-disciplinary program combines all the elements known to be vital in treating and preventing overweight or obesity in children, including family involvement, practical education in nutrition and diet, increasing physical activity and behavioural change. Information regarding the program can be obtained from your classroom teacher or the front office.

**Start of Term 3**
A reminder to parents that children commence school again on WEDNESDAY 23rd July. Staff will be having two days of professional learning on Monday 21st and Tuesday 22nd July.

**Semester One Reports**
Today you will receive your child’s report. Please take the time to read the report with your child, discussing their performance, strengths, areas where improvement is needed in a positive way. If the teacher has requested an interview, please make the time to arrange an appointment.

I attended the Learning Journey in the Pre-Primary classes yesterday and it was so pleasing to see so many parents attending. Thank you to all staff (Teachers, Education Assistants and office ladies) for the time and effort to prepare reports and portfolios. It is an important part of your child’s education and something to look back on in future years.

Quote: ‘Good friends are like stars........You don’t always see them, but you know they are always there.’

Wayne McKay
Principal
Guessing Jar Competition
Jar 1 had 1579 items, the winner was James in C15.
Jar 2 had 1283 items, the winner was Ethan in P8.
Jar 3 had 1291 items, the winner was Bella in C14.
Jar 4 had 1565 items, the winner was Natasha in C20.
Jar 5 had 1986 items, the winner was Ms Sharon Young.

Well done to all, especially the Year 6/7 students who had Jar 2. You raised the most money with an amazing 368 guesses submitted, followed by Jar 1 with 197 guesses. Together you raised over $300 towards the Year 6/7 camp bus.

Plates Fundraiser
Don't forget to bring in your completed templates this Thursday and Friday morning before school to the Undercover area.

Rose Plater  
P&C President

The relationships children experience with the people around them has a big influence on their wellbeing. Families provide children with a model that they use to build relationships throughout their lives. Strong, positive relationships help create trust, a feeling of support, and a greater ability to deal with stress and hardship.

Children thrive on feelings of belonging and affection that come from having caring and supportive families. Research affirms that the quality of family relationships is more important for children’s wellbeing than the size or composition of the family. Whether families have one parent or two, whether they include step-parents, grandparents or other carers, they can build strong, positive family relationships that promote family wellbeing and support children’s mental health. The keys to developing strong and caring family relationships include making relationships a priority, communicating effectively and providing support for each other.

However, building and maintaining positive relationships with children and with all family members is not always easy. Different needs arising within the family may create tensions between family members, and pressures that come from outside (eg work or financial pressures) may also impact on families and children. Sometimes these pressures can make the development of positive family relationships more difficult. Yet, even taking these influences into account, there is much the adult or adults in the family can do to build strong family relationships.

What supports strong family relationships?

Two main dimensions of the parenting role have been found to have important effects on family relationships and on children’s development, no matter what kind of family children are raised in. These are:

- communicating with warmth and care
- establishing clear and appropriate limits for children’s behaviour

Positive styles of communication are a common element that supports both of these dimensions. All families experience ups and downs as they strive to do their best for children and deal with challenges that come along.

A recent study asked Australian families of different kinds to nominate what they considered to be the characteristics that made their families strong in spite of any difficulties they might face. This table shows the eight characteristics that were identified.

<table>
<thead>
<tr>
<th>Family strengths as identified by Australian families</th>
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<tr>
<td>Communication – listening to each other and communicating with openness and honesty.</td>
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<tr>
<td>Togetherness – sharing similar values and beliefs that create a sense of belonging and bonding.</td>
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<tr>
<td>Sharing activities – spending time together doing things they enjoy, for example, sports, reading, camping, playing games.</td>
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(Cont’d overpage)
AFFECTION – showing affection and care on a regular basis through words, hugs, kisses and thoughtfulness.

SUPPORT – offering and being able to ask for support, with family members knowing they will receive assistance, encouragement and reassurance from one another.

ACCEPTANCE – understanding, respecting and appreciating each family member’s unique personal qualities.

COMMITMENT – seeing family wellbeing as a first priority and acting accordingly with dedication and loyalty.

RESILIENCE – being able to withstand difficulties and adapt to changing circumstances in positive ways.

FRIEDAY 25 JULY IS AN IMPORTANT DATE IN YOUR CHILD’S EDUCATION

If your child is 4 or 5 years old by 30 June 2015, starting Year 7, starting Year 8 or changing schools, you need to apply to enrol them in a public school for 2015.

All children from Pre-Primary to Year 12 are guaranteed a place at their local public school.

To apply to enrol your child in our school for 2015 please visit reception or go to our website www.safetybayps.wa.edu.au and complete an application form by Friday 25 July 2014.

ENTERTAINMENT BOOKS

Help support our fundraising. 2014/2015 Entertainment Books are now available to order through the school. You may pay online via the school’s website: www.safetybayps.wa.edu.au or at https://www.entertainmentbook.com.au/orderbooks/851v04

The school will receive $13.00 for every Entertainment Book sold through the school.

BOOK AMNESTY

Found that overdue library book? Now is your chance to bring back all your overdue items and wipe the slate clean, without any questions. A drop box will be available in the front office.

The happiest people don’t have the best of everything. They just make the best of everything.
Lark Hill Lightning Softball Club is holding a free “HAVE-A-GO” clinic during the school holidays. If your child would like to try SOFTBALL, this is the ideal opportunity, and IT’S FREE.

The clinic is open to girls and boys aged 9-12 years old. It will be held on the Rockingham Lakes Primary School oval, Laguardia Loop, Port Kennedy on 7th and 14th JULY from 10am—12 noon.

We are trying to introduce young people to softball in an attempt to start a local Little League competition this coming summer. Please ring Linda to register or just come along to the clinic (0431 327 442). Your child is welcome to attend both days or just one. The children will receive instruction in basic softball skills from Linda De Boni and Drew Herrington who are both accredited softball coaches, Drew being the current Girls State Under 19 Assistant Coach. If numbers permit, the kids will get to play a short game at the conclusion of the clinic each day.

If your child has a t-ball/softball/baseball mit (glove), please bring it to the clinic.

On Friday 20th of June children from Year 2/3 (P10) put on their assembly item based on a Space Theme. The children have been learning about the moon phases, craters, planets and the solar system during Term 2 with Mrs Petersen and Mrs Guthrie. Their assembly item was based around the Eric Carle book “Papa Please Get The Moon For Me”. The story of a young girl called Monica who loved the moon so much she asked her Papa to get it for her. Papa played by Riley climbs to the top of a very tall mountain and then up a very tall ladder to reach the moon. The moon explains that it has phases and that it gets smaller each night. Papa waits for the moon to be just the right size before taking it down the ladder and back to a delighted Monica played by Isabella. A very confident story teller Coral engages with the audience with some great dance moves as the boys holding moon phases sing along. The girls all dressed in white become the moon and perform a beautiful dance as Papa Riley strums the guitar. The screen is lit up with images of the children in rehearsal and learning about space as the story unfolds.

The highlight was when the fake Papa doll dressed as Riley is hoisted up a giant ladder to the moon. Following the assembly parents enjoyed a special morning tea with the very excited children and looked through their work.
Do you have children 7 to 13 years old? Are you worried about their weight?
The Better Health Program runs for 10 weeks during school term at various locations across Perth. Sessions are run twice a week for two hours after school.

FREE fun program for kids to become fitter, healthier & happier

Registrations for the next school term are now open. To find out more phone:

Call 1300 822 953
SMS 0409 745 645 for a call back or visit betterhealthprogram.org

Rocky’s Skate Scooter and Bike Series

Final Fest

Come and watch the best Skaters and Riders from Rocky’s Skate Scooter and Bike Series compete for $3000 in cash prizes!

The jumps will be huge!
The stunts will be tight!
The competition will be unbelievable!

Competitions have finished in the top 3 expert division in Rocky’s Skate Scooter and Bike Series Events. This event will be held on a one-off Skate Park that has been purpose built for this event to ask more of these riders than ever before.

Sunday 13 July 2014
12pm – 4pm
Dixon Road Netball Courts
(behind Mike Barnett Sports Complex)
Dixon Road, Rockingham

Free Entry
Food and drink available at great prices
Drug, Alcohol and Smoke Free event

Fremantle Dockers

We are proud to bring you the

hbf July School Holiday Clinic
Wednesday, 9 July 2014, 1-4pm, Fremantle Oval

Activities include handball games, goalball, tug of war, football circuit, tug-o-war, and dodgeball. All participants will also get to experience a tour of the facilities and be allowed into the team’s inner sanctum.

Participants will receive a special show bag of goodies, including an HBF poster and junior football. There will also be appearances by Canberra Commonwealth Games athlete, Tia-Ann Harris, and Fremantle Dockers very own Jeremy Cameron.

For the parents, there will be a health and wellness information session conducted by HBF while the children are out on the oval.

MEMBERS $55
NON-MEMBERS $95 including a complimentary Purple Army Junior Membership
MEMBER PLUS $250 including a child’s 2014 Purple Army Guernsey
NON-MEMBER PLUS $299 including a child’s 2014 Purple Army Guernsey

PLACES ARE LIMITED, SECURE YOUR PLACE NOW

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