Principal's Word

Since the last newsletter there have been two school events that every member of the Safety Bay Primary School community should be very proud. ‘One Big Voice’ was an historic event held at the Perth Arena and involved our Senior Choir. There were 4,000 students, 73 schools performing together to form the largest ever children’s choir. Our children looked fantastic, and behaved beautifully. Well done to Mrs Quealy for all the work she put into teaching the songs, attending planning workshops (some in her own time) and ensuring the children were all prepared for the event. Thank you to Mrs Masterson for supporting Mrs Quealy taking the children on the bus and also to parents Leigh Snelgar, Donna Patchett and Tamara Toghill (who provided ribbons for all the girls’ hair).

Last Wednesday some of our Year Three and Four students participated for the first time in Wakakirri, a performing arts festival where students theatrically tell a story using a combination of dance, creative movement and acting to pre-recorded music. Our student’s performed exceptionally well and I was so proud to see how far they had come from their first efforts. Miss Alden did a sensational job with the choreography and developing these young people to a level where they could achieve what they did. Miss Alden got great support from Mrs Dixon with the choreography and planning. Other staff support was provided by Mrs Greenacre, Mrs Chatley, Mr McLaren, Miss Souren and Mrs Ruffles. I wish also to make a special mention of two parents who provided much appreciated support, Leigh Snelgar and Sue Clark. A big thank you from Miss Alden and Mrs Dixon and of course all the students and the school community.

NAIDOC Day

Last Friday saw the whole school celebrate NAIDOC Day. The teachers and students worked together in celebrating the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This day (in fact the week) allows schools to participate in a range of activities and to support our local Aboriginal and Torres Strait Islander community. It was a wonderful event with a Gallery Walk around the school by all the children, staff and parents to see the activities that had been undertaken by the students. Thank you to Mrs Maumill for coordinating the assembly and Gallery Walk. She received great support from Naomi Greaves and Halley Vaz, parents of Safety Bay Primary School.

Cross Country

In the last newsletter I mentioned the students were competing in the Interschool Cross Country. Although the school didn’t win this year, we came second with a very consistent effort made across all year levels. A number of students finished in the top 10 and all finished the race. The most impressive thing about the day was the way the children ran and pushed themselves right to the end. Mrs White and Mr McLaren spent a lot of time organising and preparing the children through ‘Runners Club’, which gave the students confidence in the competition. Well done to all the students and Mr McLaren for their efforts.

Leave

As from the start of next week I will be taking leave as a part of the Education Departments requirement for staff to clear their long service leave. I will be returning on 18 October. Whilst on leave, Ms Casey will assume the role of Principal and Ms Grieves will undertake the Deputy Principal role.

Quote: “Failure is the only opportunity to begin again more intelligently.” Henry Ford

Wayne McKay
Principal
IMPORTANT DATES

Friday 26 August  S3 & S4—Whole School Assembly
                 Book Week Dress Up
Monday 29 August  World Of Maths In School Performance—W3, W5, W4, W8, P7, P8
Tuesday 30 August World of Maths In School Performance—P9, P10, S7, C12, C13, W1, W2
Wednesday 31 August World of Maths In School Performance—S3, S4, S5, S6, C14, C15
                 Year 5 & 6 Spring Carnival
                 Year Fire Brigade visit
Thursday 01 September World of Maths In School Performance—C20, C21, C17, C19, C16, C18
Tuesday 06 September Rhythm Works In School Performance Years 1—6

MERIT CERTIFICATES—ASSEMBLY 29 JULY

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

<table>
<thead>
<tr>
<th>Year</th>
<th>Student Name</th>
<th>Year Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>W1</td>
<td>Isabella</td>
<td>S7</td>
</tr>
<tr>
<td>W2</td>
<td>Caitlyn</td>
<td>P7</td>
</tr>
<tr>
<td>W3</td>
<td>Owen</td>
<td>S7</td>
</tr>
<tr>
<td>W3</td>
<td>Ashleigh</td>
<td>P8</td>
</tr>
<tr>
<td>W4</td>
<td>Lucas</td>
<td>S7</td>
</tr>
<tr>
<td>W4</td>
<td>Cassi</td>
<td>P9</td>
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<tr>
<td>W8</td>
<td>Sam</td>
<td>S9</td>
</tr>
<tr>
<td>W8</td>
<td>Lucy</td>
<td>C14</td>
</tr>
<tr>
<td>S3</td>
<td>Riley</td>
<td>C15</td>
</tr>
<tr>
<td>S3</td>
<td>Annaliese</td>
<td>C16</td>
</tr>
<tr>
<td>S4</td>
<td>Shiloh</td>
<td>C17</td>
</tr>
<tr>
<td>S4</td>
<td>Rory</td>
<td>C18</td>
</tr>
<tr>
<td>S5</td>
<td>Oliver</td>
<td>C19</td>
</tr>
<tr>
<td>S5</td>
<td>Rylan</td>
<td>C20</td>
</tr>
<tr>
<td>S6</td>
<td>Abigail</td>
<td>C21</td>
</tr>
<tr>
<td>S6</td>
<td>Jorja</td>
<td>LOTE</td>
</tr>
</tbody>
</table>

School Citizenship Award Recipients

Lucy C13

YEAR GROUP % ATTENDANCE FROM 10 AUGUST—23 AUGUST

![Attendance Chart]

- Year K: 89%
- Year P: 88%
- Year 1: 87%
- Year 2: 85%
- Year 3: 90%
- Year 4: 89%
- Year 5: 88%
- Year 6: 87%
On the Friday 12th August our Senior Choir performed at Perth Arena in a massive event which included 3,800 students from 74 schools. It was a sensational event, and an incredible experience for both audience and performers. Our students were exceptional in their performance and their behaviour, and also caught the attention of the audience for their neat presentation. Huge thanks go to Mrs Toghill, who made the beautiful ribbons for the girls’ hair. Huge thanks also to our fantastic parent helpers, Mrs Snelgar and Mrs Patchett, who spent ten hours of their day assisting students with their every need, and to Mrs Masterson who travelled all the way up to the arena to assist throughout the afternoon.

I would like to thank our P&C committee for their generous contribution toward ticket costs for parents to attend the concert. Finally, I would like to thank all parents for their support with preparing our choir students for the day, and for coming to the Arena for the big performance. This is an experience we will all take with us for many years to come, so thank you again for your support.

Mrs Quealy
Music Specialist

A SPECIAL VISITOR TO THE SCHOOL

My name is Mrs Jones and this is my assistance dog Ellie.

We will be coming to Safety Bay Primary School to do relief teaching.

You might be wondering what an assistance dog is and why I have one. An assistance dog is a special dog that helps their owner manage the symptoms of their medical condition by performing tasks that they have been trained to do. Among other things Ellie makes sure I stay on my feet by helping me with my balance if I get dizzy and letting me know if something is going to happen – this is called an alert. Ellie might nudge me, lick me, or sometimes give me a little whine to alert me. Ellie’s job is very important as she keeps me safe.

You can tell that an assistance dog is working because they have a special vest or harness on, or because they are in a place like a shopping centre or school where you would not normally see a dog. It may not always look like the dog is working but they are so it is important not to distract an assistance dog. If you distract one of these dogs by talking to them, patting them or making funny noises to try get their attention they may forget to do their job and this can be dangerous for their owner. It is best to try and ignore the dog.

Ellie is a three and a half year old Bernese Mountain Dog. When Ellie isn’t working she is like most other dogs. She sleeps on the bed, plays at the park with her dog friends, goes hiking on weekends and swims at the beach in the summer. But when her harness goes on she is working and she knows she has an important job to do so remember not to distract her.

If you see Ellie and I while out at recess or lunch you are welcome to come over and meet me. Just remember that if I am on duty I need to be paying attention to everyone else as well.

We look forward to coming and teaching at your wonderful school.

SAFETY BAY PLAYGROUP

Safety Bay Playgroup are looking for new co-ordinator. If you think you could possibly spare a few hours and are interested in knowing more information, please contact Sandra Casey on 9528 3680. Safety Bay Playgroup runs every Friday from 9.00am-10.30am in W8.

For more information about events held by PlaygroupWA, please click on following link
Enrolments closing soon for VacSwim October school holiday swimming lessons

It is important for every child to learn to swim properly and develop essential water safety skills. VacSwim October school holiday swimming lessons are run by instructors who teach children the skills to be confident swimmers and safe in the water. To enrol or find out more visit www.education.wa.edu.au/swimming

Hurry, enrolments close on Monday 29 August.

WA EDUCATION AWARDS 2016

Who makes a difference at our school?

As part of the WA Education Awards 2016 we’re asking students and parents to vote for staff who make a difference in our school and give them a chance to win $1000.

The People’s Choice Award recognises dedicated and talented staff in WA public schools. The staff member who receives the most votes will be awarded the People’s Choice Award at the WA Education Awards 2016 presentation event on Monday 28 November.

All school staff who receive a vote will be acknowledged in The West Australian on World Teachers’ Day on Friday 28 October. You can vote for more than one staff member.

To vote, visit education.wa.edu.au

Voting closes at 5.00pm on Friday 23 September.

For more information about the WA Education Awards, visit education.wa.edu.au.

P&C NEWS

Monday 5 September, Rebecca Bampton is starting in our Canteen as the new Canteen Manager. Can parents and staff please drop by the canteen and say ‘Hi!’ to Rebecca and make Rebecca feel welcome to our school.

September is ‘Fruit and Veg’ month and our new canteen manager will be having a fruit and vegetable of the week. Please encourage your kids to come to the canteen to see what’s cooking, learn some fun facts, pick up a colouring in sheet and meet Mrs Bampton, their new canteen manager.

Friday 2 September is Bernice's last day as our current lovely canteen manager. Thank you Bernice for all the hard work you have done for the P&C, students and staff over the past 18 months. Best of luck moving back to New Zealand.

SEPTEMBER 13 & 15 - SPORTS CARNIVAL SAUSAGE SIZZLE - NEEDS VOLUNTEERS

If we don’t get some volunteers to help with the sausage sizzle this year then it won't be able to run! If you are able to help please put your name and details on the clipboard at the canteen by Monday 29 August.

Summer Uniform Pre-Order Forms will be sent home with the younger grades next week. The uniform shop is now carrying very limited stock so please pre-order by 14 September.

P&C Term 3 Events to note:

- 07 Sept - Shirt Pre-Order Forms due back
- Thursday 8 September— 1.30pm P&C meeting in the staffroom. Everyone is welcome to attend. We would love to see some new parents attend the meeting and get involved with the P&C as there is one amazing fundraising event still to organise.

Jill Erikssen
P&C President

UNIFORM SHOP

OPENING HOURS
TUESDAY
2.30PM—3.30PM
OR
BY APPOINTMENT

2016-2017 ENTERTAINMENT BOOK

Entertainment Books available at office or online - Help us fundraise!

The 2016/2017 Entertainment Book is now available to purchase. There will be limited numbers of both the printed book and the digital version available so make sure you get in early so you don't miss out!

KidsMatter is about the mental health of children. Children need role models to assist them with their mental health and well-being. Teachers and Parents need to be aware of their own mental health and well-being so they can perform this important job. At the beginning of this term the teachers undertook professional learning that looked at their mental health and mindfulness. This week we are providing some information for you.

**Positive mental health for parents and carers**

Parents’ and carers’ mental and physical health is just as important as looking after children’s. Some ways parents and carers can look after themselves can be to eat well, exercise regularly and have positive relationships.

**Why is it important for children that parents and carers to look after themselves?**

When parents and carers look after themselves you are more likely to feel good. This means you are more able to provide your children with the best care possible. Being healthy helps parents and carers relate to and make good decisions for their children. This promotes positive mental health and wellbeing in children and allows families to enjoy time together.

Children’s mental health and wellbeing is promoted when parents and carers look after themselves.

**How can parents and carers look after themselves?**

- Aim to eat a healthy diet, this creates a nourished body.
- Try to exercise for half an hour each day (eg play a ball game outside with your child).
- Build and maintain positive relationships (eg with friends, family or teaching staff). Being able to draw on a support is especially helpful during challenging times.
- Try to recognise stress and understand what might be causing it. This helps to be able to respond appropriately, for example, by relaxing, problem solving or making healthy decisions.
- Developing or maintaining personal interests (eg reading, drawing or walking), may give parents and carers time alone to relax and have balance in their life.
- Overall, be kind to yourselves. Parenting is a difficult job to do.

**Future Events for KidsMatter:**

On the Friday 9th September we will be holding ‘The Big Crunch and Sip’. This will be when the whole school get together for crunch and sip and see how loud we can make our crunch. We will provide more information in the next newsletter.

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**C13 ASSEMBLY—12TH AUGUST**
NOTICES FROM OUR COMMUNITY:
Safety Bay Primary School does not endorse nor assume any responsibility for the information provided.

Strategy for Children and Young People
Register to have your voice heard

The City of Rockingham is developing a Strategy for Children and Young People for 2016-2021 to guide our actions in this area across the next five years.

We would love to hear your opinions as part of the process.
If you are interested, register to come along to one of our Forums:

Monday 29 August
Parents of 0-4 years: 9am-11am

Please be aware this event is only suitable for adults.
G霭che only available for children aged 5 weeks to 4 years upon request. For bookings please call 9528 0417

Rockingham Central Library
Dixon Road Rockingham
Food Provided, RSVP essential.

To register and be involved contact us on:
customer@rockingham.wa.gov.au or 9528 0333

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GET INTO GOLF

MyF6 is the new way to learn the basics of the game in a safe and healthy environment.

MyF6 is a fun way to begin learning the basics of the game in a safe and healthy environment.

Every MyF6 centre across Australia has the same goal, to make golf a fun experience for kids.

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Child Protection Week
Safeguarding Protective Behaviours Parent Workshops

The Perth Catholic Archdiocese Safeguarding Project is child focused and informed by a fundamental belief that children have the right to physical and psychological safety at all times.

Workshops are being held throughout Perth Catholic Archdioceses, as a child safe plan to protect children and keep them safe. During Child Protection Week, the Safeguarding Office is partnering with Parishes to deliver a series of Protective Behaviours Workshops.

One may want to protect a child in a number of ways, including:
- by reporting
- by preventing
- by providing
- by prioritising
- by planning
- by process
- by action
- by planning
- by process
- by action

Each workshop will be led by an experienced facilitator and include opportunities for participants to contribute their personal insights and support one another.

Some workshops are free and some come with a small fee. Please check the dates and times for each workshop and register below.

Parramatta
Monday 11th September

Perth
Monday 18th September

Bayswater
Thursday 21st September

Ringwood
Thursday 21st September

The workshop has been provided complimentary of charge.

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Register NOW at MYGOLFORG.AU

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