

# Penguin Pantry Summer Menu



Term 4 & 1 - Open Daily from 8am

Order at the counter by 9.30am or

online [www.quickcliq.com.au](http://www.quickcliq.com.au) by 8.45am



Find our page on facebook to keep updated with specials- [Penguin Pantry - SBPS Canteen](#)

## Daily Specials

### Monday

Meatball SUB \$4.00/\$2.00

Beef Burger \$5.50

Add - cheese, tomato, carrot, cucumber, beetroot mayo, tomato or BBQ Sauce

### Tuesday

Nachos (veg, GF) - \$4.00

Sour Cream - 50c

### Wednesday

Sushi-Chicken or Tuna \$4.00  
Soy Sauce add 50c

Pizza \$3.00

Margarita (v), Meat-lovers, Hawaiian, BBQ Chicken

### Thursday

Bento Box - \$5.00

Cheese & Crackers, Fruit cup, Veggie sticks & mini pikelets

With your choice of :

Chicken Strip	Sushi (GF)
Meatballs	Corn Cob (v)
Fish Bites	

### Friday

Beef or Potato Top Pie \$4.50

Sausage Roll \$4.00

Party pie (max 3) \$1.50 each

Tomato or BBQ sauce 50c

## MEAL DEAL

add a Drink & pikelets or fruit cup for only \$2.00

Only with a Daily Special purchase.

## Everyday Favourites

Macaroni Cheese (v) \$4.00

Pasta Bolognese \$4.00

Lasagne \$4.00

Chicken Twister \$4.50

Hot Chicken Roll/Half \$4.00/\$2.00

-Make it a Parmy/Half \$4.50/\$2.50

Corn Cob \$1.00

Recess Snacks and Ice-Creams (lunch time only) are also available. See the canteen or online.

## Stuffed Spuds

Baked Potato \$1.50

add fillings for 50c each

Cheese, Baked Beans, Ham, Spaghetti, Tuna, Chicken, Sweet Corn, Sour Cream

## Summer Salads

Coleslaw (v) \$2.50

Potato & Egg Salad (v) \$3.00

Garden Salad (v) \$3.00

Chicken strip, fish bites or meatballs \$1.50

Salad Medley \$5.00

Avocado, Ham, Tuna

Chicken or Boiled Egg \$1.00

Beetroot 50c

Mayo, Italian Dressing,

Tartare Sauce 50c

## Sandwiches

Cheese, Chicken or Tuna

Egg or Salad

Ham and Cheese

Vegemite

Baked Beans or Spaghetti

add Salad \$1.00

Pineapple, Cheese, Tomato, Beetroot or in a Wrap add 50c

Fresh

Toasted

\$3.00

\$3.50

\$3.00

\$3.50

\$4.00

\$2.00

\$2.50

\$3.00

\$3.00

## Drinks

Plain Milk \$1.00

-Sipahh Straw (low sugar) 50c

Flavoured Milk \$2.00

- Chocolate

- Strawberry

- Banana

- Neopolitan (30% less sugar)

Water \$1.00

Milo (Hot or Cold) \$1.50

100% Organic \$2.00

Fruit Juice

-Apple

-Tropical

-Apple & Blackcurrant

Gluten Free Bread, Chicken strips, Meatballs, Lactose Free Milk & Cheese are available on request.



## What are we here for?

The goal of the P&C Association is to foster strong relationships between the school and the community, to help provide resources for the school and to promote interest in educational matters.

## What can you do?

Whatever you want! There are many ways you can help the P&C. Join the Committee, volunteer in the canteen, help with events, write grant applications, photocopy notes, research for resources and more!

Get in touch if you'd like to be involved.

## P&C Meetings

Week 4: **Monday 29th October**  
1.30pm, Conference Room

Week 8: **Thursday 29th November**  
7.00pm, Staff Room

Everyone is welcome to attend. Come along and listen in to stay updated with what's happening in our school. Become a member if you'd like to be part of a sub-committee or involved in making decisions.

## Help plan the fun for 2019!

## Term 4 Events



## Contact Us



[sbspandc@hotmail.com](mailto:sbspandc@hotmail.com)



Follow us on Facebook for regular updates: **Safety Bay Primary P&C Notice Board**